



PARKWAY CHRISTIAN SCHOOL  
ATHLETIC HANDBOOK

## Table of Contents

Introduction	3
Athletic Department Vision	3
Athletic Department Core Values	3
Athletic Affiliation	5
Sports Offered	5
Athletic Registration	5
Athletic Department Expectations, Practices & Policies	5
Participation Fees	8
MHSAA/Parkway Concussion Protocols	8
MHSAA/Parkway Protocols on Heat & Humidity Index	9
Athlete Code of Conduct	9
Anti-Hazing Policy	9
Anti-Bullying Policy	10
Attendance	10
Sportsmanship	11
No Quit Policy	12
Playing Time Policy	12
Multi-Sport Policy	12
Grade Level Goals & Objectives	13
Injuries	14
Emergencies	15
General Information	15
Team Travel	16

Communication	16
Varsity Letter Requirements	16
Class Athlete Award	18
Varsity Sports Reception	18

## **Introduction**

The Parkway Christian Athletic Handbook is a reference guide for coaches, student athletes and parents, concerning the policies that govern interscholastic athletics at Parkway Christian School.

The coach of an athletic team reports to the Athletic Director and is primarily responsible for the compliance by his/her team members to the rules, regulations, and policies governing athletics at Parkway Christian School as well as the Michigan High School Athletic Association (MHSAA). The Athletic Director will administer these rules and regulations as they relate to the inter-team and inter-coach relationships.

Interscholastic athletics is a voluntary program. Students are not obligated to participate, and participation is not required for graduation. Thus, competition in athletics is a privilege and not a right. Accompanying this privilege is the responsibility to conform to the standards established for the high school athletic program. This privilege may be revoked if the athlete fails or refuses to comply with the rules.

Thank you for your participation in our athletic program. May God bless you as you use your God-given athletic abilities and desire to serve Him in this integral part of school life.

## **Parkway Christian School Athletic Department Vision**

The Vision of Parkway Christian School's Athletic Department is to foster the development of Christian faith, character, and leadership through the aggressive cultivation of the gifts and abilities each student athlete has been given so that they run the "race in such a way as to get the prize."

## **Athletic Department Core Values**

1. God-centered
2. Family
3. Encouraging
4. Servant Leadership
5. Determined
6. Sportsmanship

## **Our Coaches**

The coach is the "living curriculum" for the student athlete. Coaches at Parkway Christian School are the most significant components of the athletic program. They are both teachers and active participants at the same time. They have the responsibility to model Christ-like

behaviors and attitudes at all times.

In order to be an effective coach and role model, PCS coaches must also be thoroughly knowledgeable in their sport, capable of detailed preparation, able to motivate athletes, be able to make adjustments during competition, and work effectively under the authority of the athletic director and school administration. Our coaches take seriously the opportunity they have to mold young lives for Christ.

### **Our Parents**

Parents of student athletes have a responsibility to both their child and to the team. Without strong parental support the student athlete will not be able to achieve his/her greatest potential and/or the team may suffer. It is important that parents provide positive reinforcement and understand their role as being part of the team. Parents, as well as players, should be supportive and encourage coaches and teammates at all times.

Parents are not coaches and learning to trust coaches is a key step to learning the value of the life lesson experiences athletics provides. It is also important that parents honor the Lord when attending athletic events. In order for PCS's athletic program to be successful, coaches, student athletes, and parents must make a firm commitment to glorify God at all times.

### **Our Athletes**

Parkway Christian athletes should be diligent in preparation, give 100% at all times, demonstrate personal discipline, be respectful in all situations, maintain self-control, show humility, and aggressively pursue excellence regardless of the score, opponent, time, referee, or situation. The ultimate and final responsibility rests upon the shoulders of the student athlete, for it is the student athlete who is accountable to his/her parents, coach, and the Lord.

### **Our Teams**

Our teams should in all things strive to:

1. Glorify God
2. Play Hard
3. Have Fun

### **Our Athletic Department**

Our Athletic Department is:

1. Committed to discipleship of our coaches and student athletes. Outreach to opposing teams and fans and to the larger community outside of Parkway Christian School.

2. Preparation of student athletes for both competition and life with Christ as our model.
3. Stewardship of our resources.
4. Pursuit of athletic excellence.

## **Athletic Affiliation**

**MIAC** The Michigan Independent Athletic Conference is made up of the following schools: Charyl Stockwell Preparatory, Clarenceville High School, Huron Valley Lutheran, Inter-City Baptist, Lutheran Northwest, Lutheran Westland, Novi Christian Academy, Oakland Christian, Plymouth Christian, Roeper, Southfield Christian, and Whitmore Lake.

**MHSAA** Michigan High School Athletic Association is an organization that has its own code of rules and regulations for high school levels of competition. The MHSAA sponsors state-wide tournaments for high school Varsity sports.

## **PCS Sports Offered**

Parkway Christian offers a variety of sports from elementary through high school. Each year the Athletic Department will review the current sports offerings and evaluate changes for the upcoming school year. A complete list of sport offerings can be found at the athletic website ([pceagles.com](http://pceagles.com)).

## **Athletic Registration**

All student athletes must be registered through TeamSnap. The registration process includes the appropriate forms and materials that must be submitted for athletic participation. Note that yearly physicals are required and must be submitted after April 15th for the next school year.

## **Athletic Department Expectations, Practices & Policies**

Eligibility for Interscholastic Participation

All student athletes at Parkway Christian School must be exemplary members of the student body. Therefore, standards of academic achievement have been adopted in order for student athletes to establish and maintain eligibility.

### **Academics**

Parkway Christian School academic standards are high. These standards acknowledge that academic achievement takes precedence over athletic participation. Therefore, PCS academic standards have been established at levels higher than those required in most schools. These standards, as well as

specific eligibility/ineligibility information, are as follows:

- PCS is a member of the Michigan High School Athletic Association and participates in the Michigan Independent Athletic Conference. A student is required to maintain eligibility under their codes.
- Students must be passing 66% of their classes at the end of each semester in order to be eligible for athletic participation in the next semester. (MHSAA)
- Transfer waiver exceptions will be made by the Parkway Christian Athletic Department to the MHSAA office.
- A current physical exam, signed by a physician, must be on file with the athletic director. Physical exams must be taken after April 15 for each new school year.

In addition to the MHSAA academic requirements, PCS student athletes will adhere to the following requirements:

- A quarterly GPA no lower than 2.0
- No failing grades on the most recent quarterly and/or semester report card
- Students who receive an “incomplete” on their report cards will not be eligible for participation until work is complete. (Special consideration may be given when the “incomplete” was due to illness.)
- A Biblical lifestyle both inside and outside the school.
- Pre-Concussion IMPACT testing is provided to all student athletes in grades 5-12. IMPACT Testing must be completed every other year.

The High School Dean and Athletic Director will determine all athletic eligibility matters under advisement of the Academic Advisor. Student or parent appeals of ineligibility status will first be presented to the High School Dean, second to the Administrators, with final appeal to the School Board.

### **Athletic Probation**

Athletic Probation is a designated period of time to allow the student athlete an interval to improve his/her grades. Athletes who fail to meet PCS eligibility requirements may fall into this category. Academic eligibility will be checked each Monday. A failing grade or a GPA of less than 2.0 will put the athlete on probation beginning the following Monday. (See below)

- Students who are at risk of ineligibility:
  - Will receive a warning and have 7 calendar days to bring up grades to passing
  - If still failing after 7 days, the parents and coaches will be notified. Athletes may still participate in practice and competitions, but it is their responsibility to bring grades to passing.
  - If the athlete is still failing after 14 days since the original warning, that is **three**

consecutive grade checks, then the athlete will be placed on academic probation.

- Minimum of 7 calendar days to be served on probation, beginning on the following Monday after grades are checked.
- Athletes on probation may not attend practice.
- Athletes on probation may not travel with the team to away games nor sit on the bench/sidelines of away games.
- During this probation period the student athlete will take advantage of available assistance (i.e. study hall, tutoring, etc.) to become eligible, participating a minimum of once per week.
- At the end of the one-week period, a grade assessment will be conducted. If the athlete has achieved at least a 2.0 without a failing grade in any subject, the athlete will be able to participate in both games and practices beginning the following Monday. An athlete who has been put on probation three times within one sports season or has missed three weeks of games/practices as a result of academic probation may be removed from the team.
- Upon return to the team, playing time may be affected at the coach's discretion.

## **Conduct**

Each student athlete is expected to conduct his/her life in accordance with the standards and principles set forth in God's Word. This includes adhering to all appropriate PCS standards of student conduct. Violations of the Student Code of Conduct will affect participation in athletic activities.

## **Trying Out for a Team if Ineligible**

A student athlete who is ineligible for athletic participation at the time team tryouts are held will be allowed to try out for the team. It should be clearly understood, however, that the possibility of that student athlete not regaining eligibility status at the time of the progress report update and the probability that the student athlete will miss some interscholastic competition and, therefore, perhaps adversely affect team performance and team accomplishment, will be a major consideration on behalf of the coaching staff when selecting team members.

## **Remaining on a Team After Being Declared Ineligible**

It is entirely possible that a student athlete will be eligible when trying out for a team, will make the team, and will become ineligible after making the team, either before or after the season has started. If this occurs, the student athlete will, of course, be ineligible for the prescribed period of time. If this student athlete fails to re-establish eligibility at the completion of the first period of ineligibility (progress report update), the student athlete will be dropped from the team.



## **Practicing with the Team if Ineligible**

Generally speaking, ineligible student athletes should be spending time correcting situations that rendered them ineligible. Therefore, it would be advised for student athletes not to be practicing with the team on a regular basis and they cannot accompany the teams to interscholastic contests. There are times, however, when coaches need these student athletes at practice for the sake of team continuity. The discretion of the coach, with the concurrence of the Athletic Director, will dictate the necessity and frequency of the attendance of a student athlete at practice. At no time will an ineligible student athlete be permitted to miss school to practice or accompany his/her team on an athletic trip.

Participating in summer work-outs, practices and camps while ineligible will be at the coach's discretion with the approval of the Athletic Director.

**Suspension from School** A disciplinary action severe enough to warrant student suspension will eliminate the student athlete from all participation in interscholastic sports for the duration of the suspension. Therefore, any suspension, whether in school or out-of-school will render a student athlete ineligible to attend practice or any interscholastic contest. The student can not attend any sporting events during that time.

## **Participation Fees**

Participation fees are essential to help fund the cost of interscholastic athletics. Fees for each sport and level can be found on the athletic website. Fees are not a guarantee of playing time on a team. This fee is not assessed if an athlete does not make the team. All of the conditions of being a team member apply as if the fee did not exist - and that includes playing time based on the coaches' determination of a student athlete's ability.

## **MHSAA/Parkway Concussion Protocols and Online Baseline Testing**

All Parkway Christian School Coaches at all levels are required to complete one of the Online Concussion Courses listed on the Health & Safety Page of MHSAA.com.

The sports concussion legislation requires all coaches, employees, volunteers, teachers and other adults involved with a youth athletic activity to complete a concussion awareness on-line training program.

Parkway also is involved with IMPACT Baseline testing. Immediate Post-Concussion Assessment and Cognitive Testing is the most-widely used and most scientifically validated computerized concussion evaluation system.

Parkway athletes are given the baseline testing every other year. If concussed an athlete is retested within 72 hours and the baseline and second test can be provided to the doctor to help them judge the severity of the concussion and when the return-to-play can be decided.

A concussed athlete can return to play/practice only if an MD or DO, as well as the parent and athlete, signs off on the MHSAA return-to-play form. (The form can be found on the athletic website). Return to play must be effective immediately and may not be postdated.

## **MHSAA/Parkway Protocols on Heat and Humidity Index**

We are providing Varsity Head coaches with a Heat and Humidity Monitor that combines a professional stopwatch with temperature, humidity and heat index readings.

The new MHSAA Heat Index protocol model is an attempt to deal with exertional heatstroke and heat illness which is the leading cause of preventable deaths in high school athletics.

## **Athlete Code of Conduct**

All high school student athletes will adhere to the School Code of Conduct. A violation can result in suspension or expulsion from an athletic team. In addition, rules regarding behavior and /or training as outlined in the MHSAA regulations apply. The Code will be enforced by the coach of each sport during the year.

## **Anti-Hazing Policy**

Hazing in any form is neither tolerated nor consistent with any spiritual, educational or athletic goal at Parkway Christian School. "Hazing" refers to any activity expected of someone joining a student organization that humiliates, degrades, or risks emotional and/or physical harm, regardless of the person's willingness to participate.

Hazing activities are generally considered to be: physically abusive, hazardous, and/or sexually violating. The specific behaviors or activities within these categories vary widely among participants, groups and settings. Typical hazing practices would include: personal servitude; sleep deprivation and restrictions on personal hygiene; yelling; swearing and insulting new members/rookies; being forced to wear embarrassing or humiliating attire in public; consumption of vile substances or smearing of such substances on one's skin; brandings; physical beatings; binge drinking and drinking games; sexual simulation and sexual assault.

Any activity that intimidates or threatens the student with ostracism that subjects a student to extreme mental stress, embarrassment, shame or humiliation that adversely affects the mental

health or dignity of the student or discourages the student from remaining in school is considered Hazing.

Any activity that causes or requires the student to perform a task that involves violation of state or federal law or Parkway Christian School policies or regulations is considered hazing.

Hazing in any form will not be tolerated at Parkway Christian School and will result in disciplinary actions. There may be other disciplinary consequences as well administered by the Coach, Athletic Department, High School Principal, Head of School and/or the Board of Directors.

## **Anti-Bullying Policy**

Bullying is unwanted, aggressive behavior that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. In order to be considered bullying, the behavior must be aggressive and include an imbalance of power and repetition. Bullying includes actions such as making threats, spreading rumors, attacking someone physically or verbally, and excluding someone from a group on purpose.

Bullying in any form is neither tolerated nor consistent with any spiritual, educational or athletic goal at Parkway Christian School. Bullying in any form will not be tolerated and will result in disciplinary actions.

## **Attendance**

### **School**

Students must attend school for a minimum of half the day (2 blocks or 4 hours) in order to participate in athletic events or practice on the day of absence (an exception will be made when the absence is excused for a doctor's note, funeral, college visit etc.).

### **Practice Attendance**

We believe in the phrase "practice is important", and it is especially true in athletics. Athletes cannot improve in any sport or any aspect of life without hard work and practice. Therefore, the

coaching staff will not tolerate absences from practice unless there is a family emergency or prior arrangements have been made with the coach. If an athlete is going to be absent from a practice, it is the athlete's responsibility to personally inform the coach not pass a message through another person such as a teammate. Continued unexcused absenteeism may result in suspension from the team. Unexcused absenteeism the day before a game will result in disciplinary action from the athlete's coach.

**Detentions**

While detentions have a higher priority than practices, they are not considered excused absences for missing or coming late to practice. Individual coaches will have their own rules, but an athlete can expect if late to practice, or practice is missed, that the athlete will receive some type of discipline from the coach.

**Game Attendance**

As an athlete, a commitment to the team must be made, therefore game attendance is mandatory. Family emergencies and personal illness are excused, but the athlete must communicate with the coach. Missing games will hurt the athlete's development as well as the development of the team.

Absences from practice sessions or athletic contests will be handled in the following manner:

**ABSENCE FROM PRACTICE**

Absence Type	Action
Excused	None
Unexcused - 1st Offense	Conference with coach and discipline of athlete
Unexcused - 2nd Offense	Suspension from the next interscholastic contest
Unexcused - 3rd Offense	Dismissal from team (Athlete forfeits all awards)

**ABSENCE FROM GAMES**

Absence Type	Action
Excused	None
Unexcused - 1st Offense	Suspension from the next two interscholastic contests

Unexcused - 2nd Offense	Dismissal from team (Athlete forfeits all awards)
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## **Sportsmanship**

A sportsmanship report will be completed by the coach when a coach or athlete is disciplined by an official during an athletic contest. Examples of infractions include unsportsmanlike conduct, dangerous play, arguing with officials, uniform infraction, intentional foul, taunting and any other unsportsmanlike acts.

Consequences may include suspension from the next contest, dismissal from the team, suspension from school, expulsion from school depending upon the severity and number of infractions.

## **No Quit Policy**

If a student is fortunate enough to be selected for a position on one of the Parkway Christian's athletic teams, it is important that he/she makes a firm commitment to that team. Therefore, quitting a team after being selected for the team is strongly discouraged. If any student athlete quits a team after being selected as a member of that team, that student athlete is prohibited from trying out for another Parkway Christian School extracurricular team (athletics, drama, etc.) during the same season. Furthermore, it should be clearly understood that the action of any student athlete quitting a team will certainly be among the criteria considered by coaches of subsequent teams on which a student athlete desires a position. Exceptions may occur if both coaches/directors agree it is in the best interest of the student.

## **Playing Time Policy**

While it is true that our coaches and administrative personnel believe it to be important to broaden the experience of Parkway Christian School athletes, and that broadening is enhanced by playing time, it is also an important goal of the Parkway Christian School athletic program to strive toward excellence. Therefore, no minimum per game playing time provisions or minimum numbers of athletic meets in which athletes must compete are established at the Freshman, Junior Varsity or Varsity level. Playing time decisions are left up to the individual coaches. Elementary and Middle School playing times are outlined in the Grade Level Goals and Objectives.

## **Multi-Sport Policy in Same Season**

As our Parkway Christian Athletic Program grows and we expand teams we have created the following policy regarding a student wanting to play on two teams in the same season and

out-of-season regulations. This is being done to be fair to all coaches and athletes. The Administrative Team wants to be sensitive to the athlete, to the coaches and to the teams.

### ***IN-Season and Out-of-Season Sports***

Coaches need to communicate with each other regarding the “sharing” of athletes. Because “out-of- season” conditioning programs are purely voluntary, an “in-season” coach can **forbid** or **limit** their player from participating in another sport’s off-season conditioning program. The concern for such things as: injury, academics, game day needs, too much time involvement during the “in season” team’s practices plus the added voluntary “out-of-season” conditioning programs, are all rationales for limitations.

### ***IN-Season Two-Sport Athletes***

Again, coaches need to communicate with each other regarding the “sharing” of athletes. As far as an athlete wanting to play two sports **during the same season**, the following will be in effect:

- To be fair to the coach and to the team, an athlete wanting to participate in two sports during the same season must declare ONE sport his/her “Primary Sport” and the other sport his/her “Secondary” sport. This declaration should be made to the Athletic Director before the first day of official MHSAA pre-season practice for that sport.
- Commitment to the “Primary” sport means that the athlete will attend all practices and games for that sport. This will insure that the Coach and Team of the “Primary” sport will be able to count on the athlete for practices and games.
- Commitment to the “Secondary” sport means that the athlete will be able to make practices and games when it is not conflicting with the Primary sport. Because our concern is for the athlete’s academics and physical well-being, any practice time for the “Secondary” sport will be determined by the coaches involved and the Athletic Director as needed.

In some cases, the “sharing” of athletes may be easily handled because of similar training and game availability. Examples of this might be soccer and cross country, soccer and football, etc. In other cases, because of the specific training, e.g., basketball game preparation for offense/defense and cheer team preparation for competitive choreography, the situation might be much more complex. In some cases, it may be impossible to accommodate the athlete and be fair to the coaches and teams involved.

Situations requiring decisions, will be made by the Athletic Director and/or the Parkway Christian School Administrative Team.

Student Athletes requesting multi-sport consideration must fill out the Multi-Sport In Same Season form located on the athletic website.

## **Grade Level Goals and Objectives**

### **5th, 6th, 7th, 8th grade**

- Open to all students
- Purpose – introduce students to the sport
- Main emphasis is skills and fundamentals
- Learn teamwork – rules, regulations, discipline and good sportsmanship
- Encourage as many students as possible to participate
- Everyone at this level will have the opportunity to play in games provided they attend games, practices, are academically eligible and display a proper attitude.
- In Grades 5-6, players will play an equal amount of time for three quarters of the game. The fourth quarter will be “coach’s choice.”
- In Grade 7-8, all players will play but the entire game will be “coach’s choice.”

### **Junior Varsity (primarily grades 9, 10, 11) or Freshmen Teams**

- JV teams are the last stepping-stone for preparation for Varsity teams: tryouts and cuts may be made
- Build on fundamentals and sharpen skills
- More emphasis is put on playing time in relationship to student’s ability
- Number of games and practices increase
- Students need to be more responsible, disciplined, and dedicated
- Teams will be limited to 10-15 players depending on the sport
- Playing time is based on skill level with attitude, desire, commitment being very important
- Participants are encouraged to attend camps, open gyms and off-season conditioning

### **Varsity**

- Represents the best-skilled athletes in that sport
- Try-outs and cuts are made
- Selection is based on athletic skill, attitude and dedication to the sport
- The goal of winning the game becomes a higher priority on the Varsity level
- Playing time is based on skill level with attitude, desire, commitment being very important
- More is expected from our Varsity players: - Example to younger players - Academic leadership -

- Positive attitude - Commitment to school - Spiritual leadership
- Varsity teams participate in team camps
- Players at this level are encouraged to attend camps, open gyms, and off-season conditioning.

## **Injuries**

All injuries which require treatment by a doctor or hospital need to be reported by the coach and/or parent to the Athletic Director on the Injury Report Form. If an athlete needs to be withheld from two or more practices or contests due to an injury, the coach needs to be notified in writing by the attending doctor. The date when the athlete can return to practice or contests should also be in writing by the attending doctor. Since the coaches are responsible for each athlete, current information is needed for the athlete, and they need current information on his/her condition.

## **Emergencies**

By signing the consent form during the enrollment process, you are giving permission for us to treat your child in case of an emergency.

## **General Information**

### **Schedules**

The scheduling of all athletic events and practices is determined by the Athletic Director in cooperation with each coach and the MIAC. The coach will issue a schedule to the students and parents as soon as possible in each season. If practice is understood to be every day, there may not be a printed practice schedule issued. Athletic contests are rarely scheduled on Wednesdays and all practices will end by 5:30 pm on Wednesdays except for Varsity Football which can practice until 6:00 pm. Athletic practices may be scheduled on Saturdays, but except for extreme circumstances, there will not be any practice on Sunday. On occasion an athletic event may be scheduled on a day or weekend when school is out on vacation. When this is determined to be necessary, the dates will be given out as far ahead as possible and all athletes are expected to be in attendance.

### **School Equipment**

1. Students are responsible for all equipment issued to them. Athletic uniforms are supplied for the sole purpose of athletic participation. This equipment is not to be used for any other purpose.
2. When the season is over, all equipment and uniforms are to be returned to the coach who will keep inventory of all items issued to the team. The coach will then submit the end-of-season inventory list to the Athletic Director in a timely manner following the season.



3. The parent is responsible for the dollar replacement cost of any lost or damaged school issued equipment or uniforms. Transcripts or report cards are held for any unpaid or unreturned uniforms or equipment.

### **Team Fundraising Projects**

All team fundraising projects must be presented to and approved by the Athletic Director. Forms are available from the school office. Completed forms must be submitted to the Athletic Director for approval. Only after the project has been approved is the team allowed to go ahead with the fundraiser.

### **Extracurricular Conflicts**

If a conflict arises involving an athletic contest and an event related to another school activity, the coach and teacher/sponsor will discuss whether accommodations can be made to allow the student to participate in both events. If an agreement is not reached in this manner, the student and parent(s) will decide how best to proceed in the best interest of the student. Teachers and coaches may assign alternative work/tasks in place of the missed event. No additional or punitive penalties may be assessed beyond the loss of benefits (e.g., grades, participation) inherent in the event itself. It is understood that post-season contests/performances will take priority over regular in-season contests/performances.

### **Team Travel**

Occasionally students must be dismissed early from class in order to participate in early game. Athletes will be expected to make prior arrangements with each teacher before dismissal from class. Students may not leave earlier than the time announced.

### **Communication**

**General Information** The best resource for information is Team Snap. Each sport has a dedicated page with links to schedules. When registering students for athletics, it is best to sign up for "Alerts" that will be sent directly to you in the event of changes in schedules or cancellations.

**Cancellations** It is necessary at times to cancel games and practices at the last minute due to inclement weather. Please do not call the school on these days! The Athletic Web-page will be updated continually as cancellations are made and information comes in. If it is a home event that we have scheduled, the Athletic Director will make the cancellation call by 2:30 pm. If it is an away event, the opponent school Athletic Director makes the cancellation call. As soon as we receive that call Team Snap will be updated.

The cancellation will be announced immediately from the respective school office and

students will be allowed to call their parents at that time to make arrangements for pick up.

## Varsity Letters

- 1st Time varsity athlete will receive their varsity chenille letter and their chenille sport piece
- 1st Year varsity athletes in a sport receive their chenille sport piece
- 2nd Year varsity athletes in a sport receive their gold sport pin
- 3rd year varsity athletes in a sport receive their gold bar
- 4th year varsity athletes in a sport receive their gold star
- Varsity team captains will receive a gold "CAPT" pin
- Varsity team conference winners will receive a gold "CHAMPS" pin

## General Letter Requirements

1. A student may not miss a practice or game without approval of a coach.
2. If injured, the athlete must continue to support the team.
3. If a student athlete is placed on athletic probation twice in one season, they will not be eligible for a varsity letter or pin.

## Class Athlete Award

Upon graduation one graduating senior female and male athlete will be awarded a class athlete award. Points are awarded for Varsity Sports; JV sports are not considered. Senior transfers are not eligible. Below is the point system that is used to determine the recipients:

Award	Number of Points
All State 1st Team (Coaches Association)	10
All State 2nd, 3rd, 4th or 5th (Coaches Association)	7
All State Honorable Mention (Coaches Association)	5
All Macomb County 1st Team	5
All Macomb County Other Teams	3
All Macomb County Honorable Mention	2
MIAC MVP	4
MIAC 1st Team	3
MIAC 2nd Team	1
MIAC Character Award	3

All District and/or All Region 1st Team	3
All District and/or All Region 2nd Team	2
All District and/or All Region Honorable Mention	1
Detroit Free Press All Area Teams	4
Parkway Varsity Sport MVP	3
Parkway Varsity Sport Participant	1
Double Sport in same season	1.5
Captain	1

**Sports Reception**

At the conclusion of the school year varsity athletes will be invited to a sports reception to acknowledge both team and individual accomplishments. Invitation will be sent via email to parents or guardians prior to the event outlining the date, location and pertinent details.